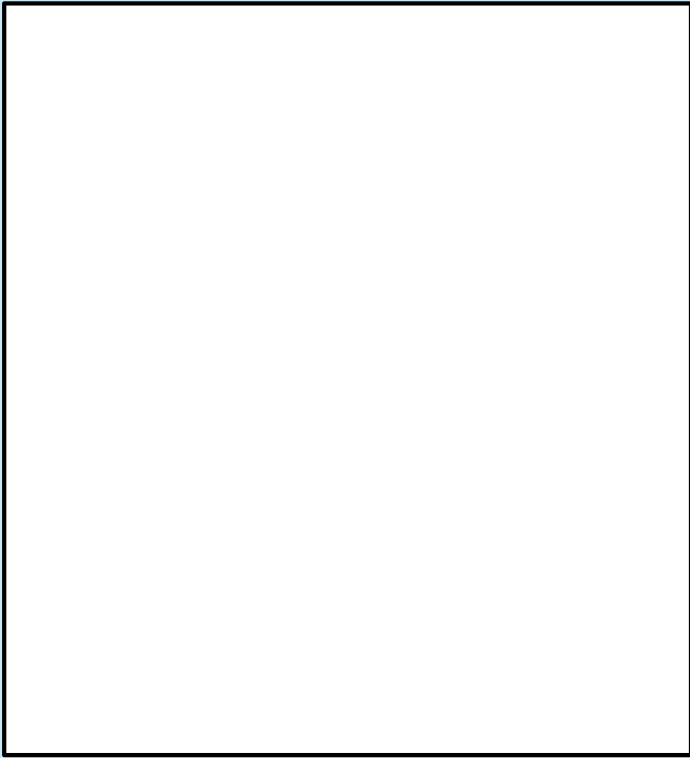
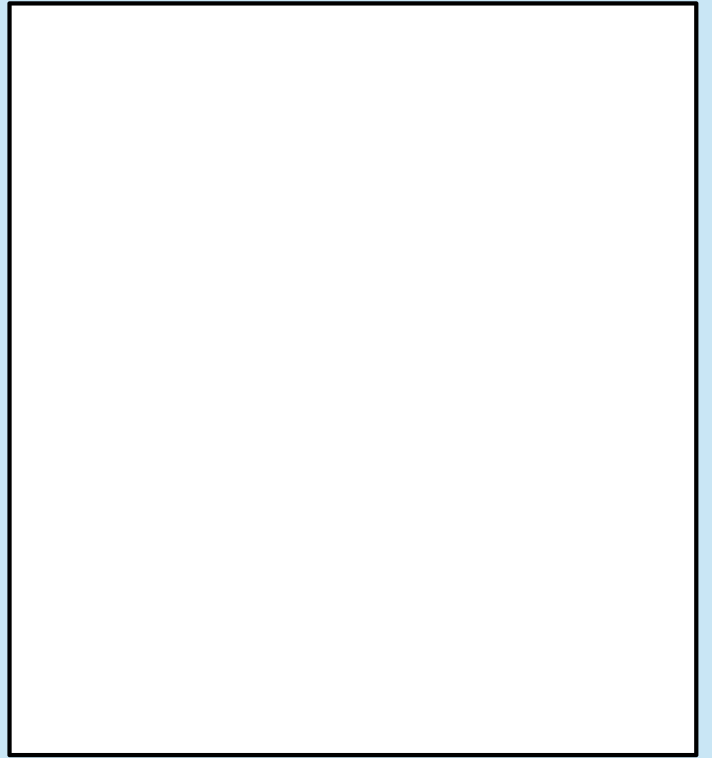


*Mind*

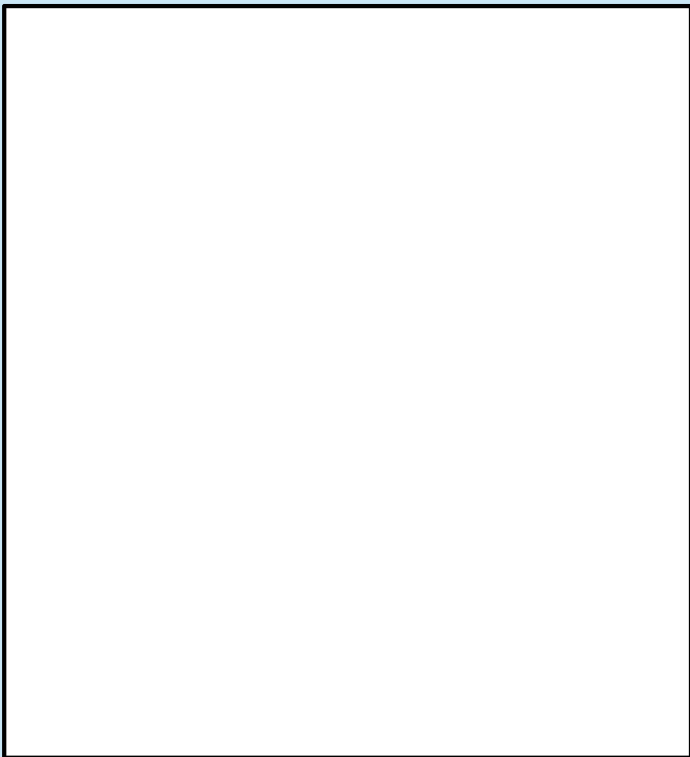
A large, empty white square box with a black border, intended for notes or reflections related to the 'Mind' category.

*Body*

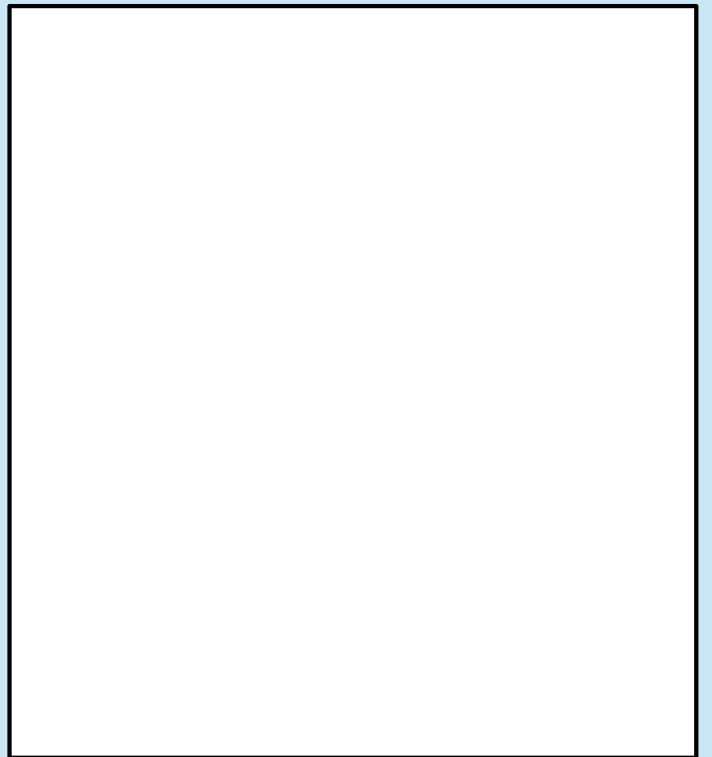
A large, empty white square box with a black border, intended for notes or reflections related to the 'Body' category.

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*Health*

A large, empty white square box with a black border, intended for notes or reflections related to the 'Health' category.

*Career*

A large, empty white square box with a black border, intended for notes or reflections related to the 'Career' category.